FOR A HEALTHY LIVER

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Please note that the physiological activity of the ingredient described herein is supported by the referenced clinical trial reports. Marketers of finished products containing the ingredient described herein are responsible for determining whether the claims made for such products are lawful and in compliance with the laws of the country in which they will market the products.
WHAT IS SILIPHOS®?
SILIPHOS® is a patented botanical derivative from *Silybum marianum* (L.) Gaertn. Commonly referred to as milk thistle, the plant has been used for centuries to address liver health. SILIPHOS® is an Indena Phytosome ingredient in which silybin, one of the main bioactive constituents in milk thistle, is associated with soy phospholipids to significantly improve bioavailability.

SPECIFICATIONS
SILIPHOS® is standardized to contain:
\[ \geq 29.7\% \text{ to } \leq 36.3\% \text{ of silybin by HPLC} \]

RECOMMENDED USE AND DOSE
SILIPHOS® is a yellow-brown powder and may be utilized in a variety of supplement formulations.
Recommended dose: 80-160 mg/day

SCIENTIFIC EVIDENCE
SILIPHOS® is supported by numerous clinical trials. Indena has also performed toxicological and pharmacological tests confirming its safety and efficacy.

PATENTS
SILIPHOS® is supported by U.S. Patent 4,764,508.

TRADEMARKS
SILIPHOS® is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

References

WHAT MAKES SILIPHOS® UNIQUE?
SILIPHOS® is a patented product specifically developed to improve silybin absorption and maintain a healthy liver:

- Greatly improves bioavailability of silybin, a compound otherwise characterized by poor absorption.
- 10-fold higher liver bioavailability over the simple extract, calculated by biliary excretion also on humans.
- Maintains healthy liver function, protecting it from oxidative stress, and could be used as a complementary approach to liver related challenges.
- Improves insulin resistance and certain liver markers in plasma.

www.phytosomes.info